



For more information please contact us:

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## **Pediatric Dental Sedation Pre-procedure Instructions**

Your child's appointment date is \_\_\_\_\_ and time is \_\_\_\_\_.

No solid food or milk 6 hours before your child's appointment time.

Your child can drink water or apple juice only up until 2 hours before their appointment time.

NO food or milk after \_\_\_\_\_ and no water or apple juice after \_\_\_\_\_.

Your child needs to remain in your care for 6 hours before their appointment to verify the eating and drinking instructions have been followed. NO school or daycare prior to the appointment.

Your child should wear comfortable loose fitting clothes to the appointment. No earrings or ponytails for the girls.

We recommend that you bring another adult or older child with you for the ride home, so someone can be with the sedated child in the back seat.

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## **Pediatric Dental Sedation Pre-procedure Instructions (cont.)**

Your child will be deeply sedated with a combination of drugs that will induce them into a "trance-like" state. This will be accomplished by an intramuscular injection in the upper buttock area with the child in your lap. The child will be restrained by assistants as well during the injection, which will take less than 20 seconds to perform. We recommend that the child doesn't know about the injection until immediately before it is administered, so they will not have a higher anxiety level.

The medications will start to work within a minute or two, and usually within 5 – 10 minutes the child will be ready to place on the dental chair. The child will be unaware of any of their surroundings. We then will start administering Nitrous Oxide and Oxygen and the child will drift off into that deep sedation level. Once the child has reached that deep sedation state, we will have you go to the waiting room and we will bring you back before the child wakes up. So, your child will not know that you have left them.

We will bring your child to a recovery area where you will hold them and let them wake up in your arms. We will have them drink some liquid and be able to respond to verbal stimulation before they leave the office.

The anesthesia practitioner will interview you the day of the procedure to assess your child's medical history as well as listen to your child's heart and lungs. You will be asked to sign a consent giving us permission to perform a deep sedation on your child in order to get their dental procedure performed.

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