



For more information please contact us:

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Adult Pre-Operative Anesthesia Instructions for In-Office Procedures

1. Patients need to stop all food and milk or milk-based products **6 hours** before their scheduled procedure start time. You can continue to drink clear liquids, black coffee, fruit juice (no pulp) and sodas up until **2 hours** before their scheduled procedure start time. If you are a caffeine drinker, I recommend that you have your caffeine the day of your procedure as to prevent a caffeine-withdrawal headache.
2. All patients need to have a responsible escort to drive them home after their procedure and be with them for the rest of the day.
3. All prescription medications except diabetic medications need to be taken the morning of their procedure (unless otherwise directed by the physician performing the procedure). Any other questions you have about the anesthesia will be answered by the anesthesia practitioner when you receive a phone call from one of the anesthesia practitioners.

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