



For more information please contact us:

**Pam Wilson, CRNA, MA, CEO**

**918-845-2757 office**

**918-856-3544 fax**

**[pamala@freelanceanesthesia.com](mailto:pamala@freelanceanesthesia.com)**

## **POST-ANESTHESIA DISCHARGE INSTRUCTIONS**

1. After discharge from our facility, your child should remain in your presence for the first 4 hours after leaving the facility. Close supervision is required during these first 4 hours after leaving the facility. The child can then start to resume some normal activity like quiet play inside. No outside play without your immediate supervision and not for the first hours after leaving the facility.
2. Facial redness or flushing and a low-grade fever is normal today, and Ibuprofen or Tylenol can be used to treat the fever as well as some discomfort after the procedure. Ibuprofen is recommended because it is an anti-inflammatory and will work better for the discomfort than Tylenol.
3. Your child might not be hungry for awhile after leaving the facility. If they are not hungry, just wait for them to ask for food unless it has been over 4 hours after leaving. Then try to start feeding them again.
4. As soon as your child is awake and talking, try to get them to start drinking liquids. The children have a higher potential for dehydration than we do as adults.
5. Your child **WILL NOT** be able to walk for a while after leaving the facility. This usually last from 2 – 4 hours. Their legs don't work well. So be careful when they try to walk that you are there to assist them.
6. If you have any questions about the anesthetic your child had today, please call our CEO, **Pam Wilson, CRNA, MA @ 918-704-5556** cell.

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